

UNITING PM&R THROUGH EVIDENCE & BEST PRACTICES

**AAPM&R
MEMBERS:**
Register Now and
Save \$200
on Your
Registration!

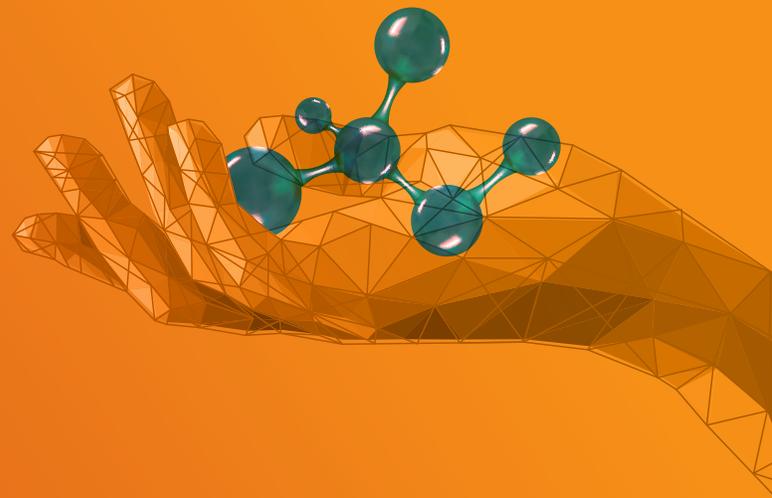
PRELIMINARY PROGRAM

Register by July 10 and save \$200 using your member discount and the early-bird rate. Visit www.aapmr.org/2019 to start designing your Assembly experience.



aapm&r

ANNUAL ASSEMBLY 2019
NOVEMBER 14-17, 2019 • SAN ANTONIO, TX



SEE YOU IN **San Antonio!**

AAPM&R's Annual Assembly is the **ONLY** meeting where you can collaborate with 3,000+ physiatrists, participate in hands-on training, discover a variety of cutting-edge research, and so much more...all in one location!

Join us at the 2019 Annual Assembly for 4 days of learning, connecting, and fun at the #1 psychiatry meeting.

Map Your Journey

 Review the *Preliminary Program* or visit www.aapmr.org/2019

Register Early and Save \$\$\$

 Save \$200 before **July 10** Save \$155 before **Sept. 18**

Book Your Airfare



Book Your Hotel Early

 ... to get the room you want at a discounted rate before October 10

Members: Network with Colleagues Early

 on PhysForum at www.phyzforum.org

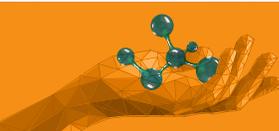
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Check Frequently

 Visit www.aapmr.org/2019 for the most up-to-date information

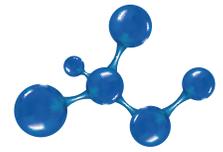
ATTEND!
November
14-17



JOIN US AS WE UNITE PM&R THROUGH EVIDENCE AND BEST PRACTICES



Get the inside scoop on the 2019 Annual Assembly from Program Planning Committee Chair Rachel Brakke Holman, MD, FAAPMR.



What's different about the 2019 Annual Assembly?

Dr. Brakke Holman: We're so excited to introduce the new Community Day! On Thursday morning, we will have content organized by the new AAPM&R Member Communities. These communities include everything from demographic groups, such as Women Psychiatrists, African American Psychiatrists, and Philippine Psychiatrists, to groups focused more on clinical interests including pain, pediatrics, and sports medicine or their practice setting, such as medical educators. I'm excited for these empowering groups of psychiatrists and the value they bring!

We're also shaking things up on Sunday. We're offering a Brunch and Closing General Session featuring PhyZTalks, and wrapping up the Assembly at 10 am. When making your travel arrangements, plan to stay until Sunday to enjoy a tasty brunch and hear presentations from your fellow peers.

Next up, we're bringing you more advanced content. Feedback from years past has demonstrated the need for more advanced content to satisfy the needs of those who have been in practice for many years. We experimented with more intermediate and advanced courses last year and it was a huge success; so, we're offering it again this year.

Last, but not least, we're offering digital e-posters instead of the traditional Poster Hall. Presenters will be invited to discuss their poster at selected times in the PM&R Pavilion and all the posters will be searchable at various digital stations in our new Research Hub.

What will attendees walk away with?

Dr. Brakke Holman: Attendees will walk away having seen 4 fantastic plenary sessions on a variety of important and complicated topics: high-performance resilience, diversity and inclusion, population health, and more. You'll make meaningful connections with a community of psychiatrists that share something in common.

We also hope that attendees take away a better understanding of the evidence basis behind current psychiatry practices—this is after all—the overarching theme of the 2019 Annual Assembly. On a lighter note, since our President's Reception is a honky tonk-style hoedown, we hope that everyone leaves with some new country dance moves!

Why meet in San Antonio?

Dr. Brakke Holman: San Antonio is an easily-accessible Texas town with a rich history. The hotel and convention center are in close proximity to the famous River Walk, giving attendees the chance to catch some fresh air in the heart of San Antonio. In November, San Antonio will be nice and mild—perfect weather for a conference. The convention center and hotels in San Antonio are close to each other, making it easy to get from one session to the next.

What are the top 3 reasons to register?

Dr. Brakke Holman:

1. Evidence-based sessions that will cover a wide spectrum of skill levels, from novice to advanced.
2. Exciting plenary speakers who will give presentations on innovative and dynamic topics.
3. Networking: Community Day, the Texas-style President's Reception, and more.

Even before I was involved with planning the Annual Assembly in my role on the Program Planning Committee, I always enjoyed attending because it allowed me to connect with other psychiatrists doing exactly what I do. It's a great opportunity for informal mentorship, support, and connection.

Rachel Brakke Holman, MD, FAAPMR
AAPM&R Program Planning
Committee Chair

WE'RE EXCITED FOR YOU TO JOIN US!

Register by July 10 for the best savings at www.aapmr.org/2019.
See you in the Lone Star State!



Carolinas Rehabilitation

Your Destination for World-Class, Comprehensive Care

Our regional footprint offers 192 inpatient rehabilitation beds, 10 physician clinics and 21 outpatient therapy sites.



CARF accredited in 12 programs, including the world's first CARF-accredited cancer rehabilitation program



Academic medical center with a Physical Medicine & Rehabilitation (PM&R) Residency Program, Brain Injury Fellowship Program and one of the largest PM&R/clinical research faculties in the Southeast



Leading clinical trials, involving investigator-initiated and industry-sponsored research



Full continuum of care for all rehab sub-specialties

State-Of-The-Art Rehabilitation Hospital
Scheduled to Open 2021



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Ways to Save

- Save \$200—register by July 10, our early-bird deadline. Or, save \$155 and register by September 18.
- Save up to \$500—become an Academy member and visit www.aapmr.org/membership or call (847) 737-6000.

“Loved the Annual Assembly! Very informative and there were many different sessions to choose from.”

—2018 Annual Assembly attendee



Stay tuned to www.aapmr.org/2019 for mobile app download details.



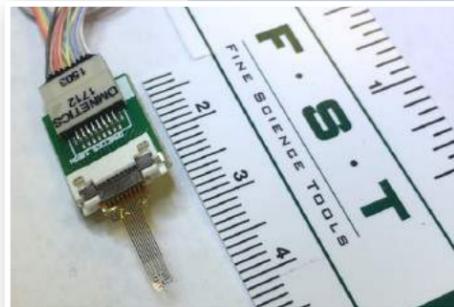
95% of 2018 Annual Assembly attendees rated their experience as excellent.

PUSHING THE BOUNDARIES OF REHABILITATION



Penn Physical Medicine and Rehabilitation

As the first program of its kind in the nation, Penn PM&R has pioneered some of the most essential treatments and technological advancements for rehabilitation medicine. That spirit of progress fosters an environment for our faculty to optimize patient outcomes, advance research, and elevate PM&R education.



- ▶ Penn Medicine has been named #2 on Forbes magazine's first-ever "America's Best Employers for Women" list, and #6 in the Forbes list of Best Employers in the US.
- ▶ Our new nanotechnology initiative in PM&R in partnership with the Penn Singh Center, under the direction of Dr. Flavia Vitale, holds great promise for new rehabilitation technologies.

There are exciting things happening at Penn PM&R. To learn more about the ways we are advancing care, research and academics, visit PennMedicine.org/PMR.

To inquire about joining our faculty, please visit <https://www.med.upenn.edu/fapd>.



TIMOTHY R. DILLINGHAM, MD, MS
 CHAIR, DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION
 EMAIL: Timothy.Dillingham@uphs.upenn.edu

SCHEDULE-AT-A-GLANCE

TUESDAY, NOVEMBER 12			
8 am-5 pm	PRECONFERENCE COURSES Step One: Ultrasound Clinical Applications of the Extremities		
WEDNESDAY, NOVEMBER 13			
8 am-5 pm	PRECON PRECONFERENCE COURSES		
2 pm-5:30 pm		SKILLS LABS	
6:30 pm-9 pm	JOB AND FELLOWSHIP FAIR		
THURSDAY, NOVEMBER 14			
8 am-11 am	COMMUNITY DAY SESSIONS		
11:15 am-12:30 pm	PLENARY KEYNOTE		
12:30 pm-2 pm	LUNCH IN THE PM&R PAVILION		
2 pm-3:15 pm	CONCURRENT SESSIONS	SKILLS LABS	• PM&R Pavilion • Learning Center • Research Hub
3:45 pm-5 pm	CONCURRENT SESSIONS		
5 pm-7 pm	WELCOME RECEPTION IN THE PM&R PAVILION		
FRIDAY, NOVEMBER 15			
8 am-9:15 am	CONCURRENT SESSIONS	SKILLS LABS	• PM&R Pavilion • Learning Center • Research Hub Beginning at 9 am
10 am-11:15 am	CONCURRENT SESSIONS		
11:30 am-12:30 pm	PLENARY KEYNOTE		
12:30 pm-2 pm	LUNCH IN THE PM&R PAVILION		
2 pm-3:15 pm	CONCURRENT SESSIONS	SKILLS LABS	
3:45 pm-5 pm	CONCURRENT SESSIONS		
7 pm-10 pm	PRESIDENT'S RECEPTION AT COWBOYS DANCEHALL		
SATURDAY, NOVEMBER 16			
8 am-9:15 am	CONCURRENT SESSIONS	SKILLS LABS	• PM&R Pavilion • Learning Center • Research Hub Beginning at 9 am
10 am-11:15 am	CONCURRENT SESSIONS		
11:15 am-12:45 pm	LUNCH IN THE PM&R PAVILION		
11:30 am-12:30 pm	AAPM&R BUSINESS MEETING		
12:45 pm-1:45 pm	PLENARY KEYNOTE		
2 pm-3:15 pm	CONCURRENT SESSIONS	SKILLS LABS	
3:30 pm-4:45 pm	CONCURRENT SESSIONS		
Evening	ALUMNI RECEPTIONS		
SUNDAY, NOVEMBER 17			
8 am-10 am	BRUNCH AND CLOSING GENERAL SESSION FEATURING PHYZTALKS		

*Subject to change

= paid ticket required

SCHEDULE-AT-A-GLANCE

Join our Boot Scootin' BBQ!

2019 President's Reception at Cowboys Dancehall



Friday, November 15
7 pm-10 pm

Pack your dancing boots, because the President's Reception is headed to Texas' premier honky-tonk venue, Cowboys Dancehall! Assembly attendees will have exclusive access to this famous concert hall, where you will enjoy food, entertainment, and fun—Texas style.

Indulge in a BBQ dinner, 2-step to a live country band, and see how long you can hang on the mechanical bull. Mount a live longhorn steer for a memorable photo opportunity, and pick a lucky armadillo to cheer on during live armadillo races!

Shuttles will rotate between Cowboys Dancehall and the Convention Center all night, so you can come and go as you please.

Tickets to the President's Reception are \$50 for attendees, non-attendee guests, and children, and includes food, drinks, and transportation. Children under 3 are free.



BOLD CULTURE. HISTORIC LEGACIES. THIS IS SAN ANTONIO.

Uncover what's old and discover what's new in San Antonio's diverse community. This colorful city is rich in cultural influences and can turn any occasion into a celebration. San Antonio is packed with adventure and culture!

- Wander along the city's beautiful centerpiece, The River Walk. The River Walk is lined with diverse shops and unique restaurants.
- Hungry? San Antonio has a wide variety of options for you. From bakeries to BBQ, San Antonio has something to satisfy any craving!



- Knack for art? Check out The Saga in Main Plaza. Explore the art experience by world-renowned artist, Xavier de Richemont.
- Looking to explore? Delve into an informative and educational tour of the historic Alamo.

Visit www.aapmr.org/visit to plan your stay.

★ ★ Don't miss the party ★ ★

Only a limited number of tickets are available! Tickets are non-refundable after September 18, 2019.

ALL ABOUT LUNCH



Where can you grab lunch at the Annual Assembly?

Grab n' go box lunches are included in your registration. Pick up yours in the PM&R Pavilion:

- Thursday, November 14: 12:30 pm-2 pm
- Friday, November 15: 12:30 pm-2 pm
- Saturday, November 16: 11:15 am-12:45 pm

Or, eat and learn at the same time during our complimentary Lunch and Learn presentations in the PM&R Pavilion:

- Thursday, November 14: 12:45 pm-1:45 pm
- Friday, November 15: 12:45 pm-1:45 pm
- Saturday, November 16: 11:30 am-12:30 pm

Learn more about Lunch and Learns on page 37.



HOTEL AND TRAVEL

All educational sessions, registration, scientific posters, and the PM&R Pavilion will be held at the:

Henry B. González Convention Center
900 E. Market St.
San Antonio, TX 78205

AAPM&R is partnering with Experient as the Official Housing Bureau of the Annual Assembly. Reserving your accommodations through Experient is a secure and convenient process. Once you book your hotel and your reservation has been confirmed, you will receive a confirmation email from Experient. You will not receive a confirmation directly from your hotel. Experient will send an updated confirmation that includes complete reservation information, as well as your hotel confirmation number closer to the Annual Assembly.

If you have any questions regarding your hotel reservation, please contact Experient Customer



Service at (800) 967-8852 or via email at aapmrehab@experient-inc.com.

The Henry B. González Convention Center is just a short walk down the block from our Annual Assembly hotels (less than 300 feet):

Grand Hyatt San Antonio (Headquarters)
600 E. Market St.
San Antonio, TX 78205
Single/Double Occupancy—\$255/night

San Antonio Marriott Riverwalk
889 E. Market St.
San Antonio, TX 78205
Single/Double Occupancy—\$246/night

Reservations are made on a first-come, first-served basis. **The cutoff date for discounted hotel rooms is October 10, 2019** and is subject to room and rate availability. When booking your reservation, you may be asked to put down a 1-night, non-refundable deposit to ensure that Assembly attendees are able to secure a room at the hotel. Please have your credit card information on hand at the time of booking.

For travel agents, airport information, and ground transportation options, visit www.aapmr.org/2019.

BOOK YOUR ROOM EARLY—HOTELS WILL SELL OUT!

DISCOVER SAN ANTONIO

LEARN ON A DEEPER LEVEL WITH PRECONFERENCE COURSES



Step One: Ultrasound Clinical Applications of the Extremities

Samuel K. Chu, MD, FAAPMR and Ethan B. Rand, MD, FAAPMR (Course Directors)

Tuesday, November 12-Wednesday, November 13
8 am-5 pm

Interested in learning how you can apply clinical ultrasound in your practice? This 2-day precourse will help you learn how to utilize ultrasound with patients who have musculoskeletal and neurologic diagnoses. Attendees will experience 8 hours of hands-on ultrasound time!

This course is the required first component of AAPM&R's STEP Ultrasound Certificate Program. Visit www.aapmr.org/stepus to learn more about the program.

Partial support of the education for this course has been provided through educational grants from Allergan in compliance with ACCME Guidelines.



Expert Medical Legal Work in Physiatric Practice

Martin P. Lanoff, MD, FAAPMR (Course Director)

Wednesday, November 13
8 am-5 pm

Designed for all physiatrists, this full-day precourse will help you learn how to diversify into new areas to increase your revenue potential. Attendees will walk away knowing how to establish themselves as medicolegal experts to supplement their practice and understand the logistics of running that part of their practice efficiently.



Interventional Spasticity Intensive: Case-Based Skills Training and Assessment

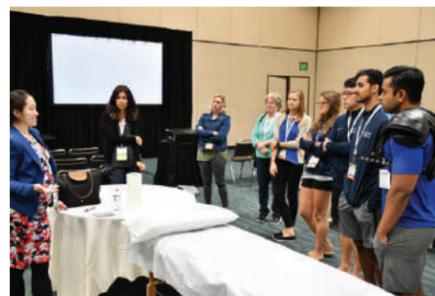
Marilyn S. Pacheco, MD, FAAPMR and Thomas K. Watanabe, MD, FAAPMR (Course Directors)

Wednesday, November 13
1 pm-5:30 pm

In this valuable half-day precourse, you'll learn how to enhance and assess your clinical skills in managing patients with spasticity and related conditions. Attendees will rotate through several stations in a small group setting, be presented with cases, develop a treatment plan, and learn/demonstrate hands-on skills that are relevant to that case scenario. At the end of this course, you'll walk away with new skills in focal chemodenervation (botulinum toxin, nerve, and motor point blocks) and intrathecal baclofen delivery.

Visit www.aapmr.org/preconference to learn more.

The following company is exhibiting at this course:



HIGH-PROFILE THOUGHT-LEADERS SHARE THEIR INSIGHTS



Presidential Address and Plenary Keynote

Peter C. Esselman, MD, FAAPMR and Bonnie St. John

Thursday, November 14
11:15 am-12:30 pm

AAPM&R President Peter C. Esselman, MD, FAAPMR, will officially launch #AAPMR2019 and welcome attendees. Then Bonnie St. John, Paralympic Ski Medalist, Fortune 500 Business Consultant, Rhodes Scholar, Former White House Official and Best-Selling Author, will provide an inspiring talk focused on High Performance Resilience.



Camara P. Jones, MD, MPH, PhD

Friday, November 15
11:30 am-12:30 pm

Camara P. Jones is the President Emeritus of the American Public Health Association and Senior Fellow at the Satcher Health Leadership Institute, Morehouse School of Medicine. Dr. Jones is a family physician and epidemiologist whose work focuses on the impacts of racism on the health and well-being of the nation. She seeks to broaden the national health debate to include not only universal access to high-quality health care, but also attention to the social determinants of health (including poverty) and the social determinants of equity (including racism).



51st Walter J. Zeiter Lecture and Awards Video Presentation

David B. Nash, MD, MBA

Saturday, November 16
12:45 pm-1:45 pm

Our annual AAPM&R Awards Video Presentation will kick-off this plenary session, where our 2019 award winners will be recognized for their significant contributions to both the specialty and to people with disabilities.

Then, David B. Nash, Founding Dean and the Dr. Raymond C. and Doris N. Grandon Professor of Health Policy at the Jefferson College of Population Health, will share his presentation on leadership in population health. Dr. Nash is internationally-recognized for his work in public accountability for outcomes, physician leadership development, and quality-of-care improvement.



NEW! Brunch and Closing General Session featuring PhyszTalks

Sunday, November 17
8 am-10 am

The top submissions from our Call for PhyszTalks will present their stories live in a fun, real-time competition where the winner will be chosen by the audience. PhyszTalks are TED™-style talks, which feature stories that are compelling and impactful to physiatrists. Come to watch your PM&R peers and stay for the food! Brunch will begin at 8 am and PhyszTalk presentations at 8:30 am. Presenters will be announced later this summer.

Visit www.aapmr.org/plenaries to learn more.



Be Inspired. Be Curious. Be Hungry...

San Antonio's River Walk, Spanish colonial architecture, and parks and plazas make it one of America's most picturesque cities. As one of the fastest growing cities in the nation, San Antonio offers modern convenience in the middle of a historic city with diverse culture, ethnic cuisine, and exciting attractions.



Photo Credit: visitsanantonio.com



Photo Credit: visitsanantonio.com, Bob-Howen

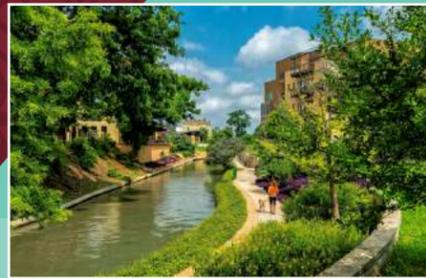


Photo Credit: visitsanantonio.com



Explore what San Antonio can offer you at www.visitsanantonio.com.

aaPM&R's Registry



AAPM&R's Registry provides the data to prove your value and improve your care by tracking your success on a national scale and studying the most effective treatments for your patients. As more data is collected, the specialty will become *stronger, together*.

Learn More About the AAPM&R Registry at #AAPMR2019!

- Attend Session 1309—2019 MIPS: Preparing Your Practice for Reporting and Strategies to Improve Performance on Friday, November 15 from 3:45 pm-5 pm.
- Visit the Registry Booth in the PM&R Pavilion.
- See live demonstrations in the Learning Center.

Learn more by visiting www.aapmr.org/registry.



THE #AAPMR2019 AGENDA

TUESDAY-WEDNESDAY

TIME	PRECON	PRECONFERENCE COURSES	SKILLS LABS
TUESDAY, NOVEMBER 12			
8 am-5 pm		Step One: Ultrasound Clinical Applications of the Extremities	
WEDNESDAY, NOVEMBER 13			
8 am-5 pm		Step One: Ultrasound Clinical Applications of the Extremities	
		Expert Medical Legal Work in Physiatric Practice	
1 pm-5:30 pm		Interventional Spasticity Intensive: Case-Based Skills Training and Assessment	1801. Ultrasonography for the Evaluation and Treatment of Upper Extremity Disorders 1802. Advanced Musculoskeletal Ultrasound of the Shoulder
1 pm-7 pm	REGISTRATION, MEMBER SOLUTION CENTER OPEN		
5 pm-6 pm	SATELLITE SYMPOSIA		
6:30 pm-9 pm		JOB AND FELLOWSHIP FAIR	

Register for #AAPMR2019 to Receive:



- 75+ sessions across 12 clinical and practice areas.
- The NEW Community Day, which features sessions and networking generated by some of your Member Communities.
- Non-stop networking opportunities to connect with thought-leaders, as well as former colleagues and new friends.
- Access to cutting-edge research.
- An opportunity to hear from insightful plenary speakers who've made significant contributions throughout the world.
- Learning Collaboratives to explore practice pathways in areas including musculoskeletal care, cancer rehabilitation medicine, pediatric rehabilitation medicine, and acute/post-acute care.
- Up to 26 hours of CME credits.
- Admission to the PM&R Pavilion, Job and Fellowship Fair, and Welcome Reception.
- Lunch for attendees in the PM&R Pavilion on Thursday, Friday, and Saturday, plus brunch on Sunday!
- Refreshment breaks.
- Entry into the Learning Center for hands-on demonstrations and live research presentations in our NEW Research Hub.

TIME	CLINICAL SYMPOSIA	PRACTICE, TECHNOLOGY, AND RESEARCH SYMPOSIA	SKILLS LABS	LEARNING CENTER/ RESEARCH HUB	PM&R BOLD
6:30 am	FOUNDATION FOR PM&R 5K RUN/WALK & ROLL	FOUNDATION FOR PM&R 5K RUN/WALK & ROLL			
6:45 am-8 am	SATELLITE SYMPOSIA	SATELLITE SYMPOSIA			
7 am-5:30 pm	REGISTRATION, MEMBER SOLUTION CENTER OPEN	REGISTRATION, MEMBER SOLUTION CENTER OPEN			
8 am-9:15 am	1104. Exercise Across the Rehabilitation Spectrum: Evidence and Implementation [MSK] 1105. Extracorporeal Shockwave Therapy. What is the Evidence? [MSK] 1203. Rare and Well Done - Unusual Spasticity Management Techniques [CNS] 1204. Parkinson's Disease: The Quintessential Multidisciplinary Rehabilitation Diagnosis [CNS] 1404. Cancer-Related Challenges in the Inpatient Rehabilitation Setting [CANCER] 1504. Mind-Body Pain Medicine: Reinventing Yourself in a Dynamic Practice Environment [SPINE AND PAIN] 1505. Spine Imaging Interpretation for the Early-Career PM&R Specialist [SPINE AND PAIN]	1304. Everyone's a Little Bit Biased (Even Physiatrists) [PRACTICE] 1702. To the Point: Evolution, Evidence, and Experience of Acupuncture [IN-TRAINING/EARLY-CAREER]	1806. Resident Boot Camp 2: Prosthetics/Orthotics of Upper and Lower Extremity 1807. Fundamental Ultrasound of the Lower Extremity 1808. Ultrasound Guidance for Lower Limb Chemodeneration Procedures	HANDS-ON DEMONSTRATIONS <ul style="list-style-type: none"> AAPM&R's Registry Dashboard Demonstration Improving Your Lumbar Puncture Skills Pediatric Electrodiagnosis: Summary and Updates with Live Demonstration of Clinical Approach RESEARCH HUB THEATER <ul style="list-style-type: none"> Late-Breaking Research Research Spotlight: Neurological Rehabilitation Research Spotlight: Spine and Pain Medicine 	1603. Advancing Physiatry's Future: Acute/Post-Acute Care Continuum Learning Collaborative (8 am-11 am)
9 am-3:45 pm	PM&R PAVILION OPEN	PM&R PAVILION OPEN			
9:15 am-10 am	REFRESHMENT BREAK	REFRESHMENT BREAK			
10 am-11:15 am	1106. Foot and Ankle: An Approach to Orthobiologic Injections [MSK] 1107. Clinical Pearls and Current Updates in Pediatric Sports Medicine [MSK] 1205. Chronic Traumatic Encephalopathy: Understanding Facts, Caveats, and Practical Discussion with Patients [CNS] 1206. Lower Limb Orthotic Prescription Optimization [CNS] 1406. Balancing Rehabilitation with Prognosis in Cancer Patients: An Evidence-Based Review of When and How to Intervene [CANCER]	1405. TelePM&R: Lessons Learned and the Road Ahead [NEW TECHNOLOGIES] 1305. AAPM&R Health Advocacy on the Hill and Beyond: The Current Health Policy Landscape and Academy Advocacy Activities [PRACTICE] 1703. Mastering Leadership Competencies for Early-Career and Beyond [IN-TRAINING/EARLY-CAREER]			
11 am-11:15 am	REFRESHMENT BREAK	REFRESHMENT BREAK			
11:30 am-12:30 pm	PLENARY KEYNOTE—CAMARA P. JONES, MD, MPH, PHD	PLENARY KEYNOTE—CAMARA P. JONES, MD, MPH, PHD			
12:30 pm-2 pm	GRAB N' GO LUNCH IN THE PM&R PAVILION	GRAB N' GO LUNCH IN THE PM&R PAVILION			
12:45 pm-1:45 pm	LUNCH AND LEARN PRESENTATIONS IN THE PM&R PAVILION	LUNCH AND LEARN PRESENTATIONS IN THE PM&R PAVILION			
2 pm-3:15 pm	1108. An Evidence and Best Practice Approach Toward Standardizing Regenerative Rehabilitation [MSK] 1109. Youth Running-Strategies for Preventing Injury [MSK] 1407. From Population Health to Autonomic Health in the Wearable Age: Decoding the Heart Brain Connection with Heart Rate Variability [EMG] 1408. Past, Present, and Future of Pediatric Rehabilitation: Research Updates and State-of-the-Field [PEDIATRICS] 1506. Spine Imaging Interpretation for the Experienced PM&R Specialist [SPINE AND PAIN] 1507. Neuromodulation for Physiatrists: A Comprehensive Review [SPINE AND PAIN]	1306. Supporting Female Colleagues in the Field of PM&R [PRACTICE] 1307. 2019 Office Coding and Documentation E/M Updates - Not What We Had Hoped For [PRACTICE]	1809. Pelvic Pain: Clinical Evaluation with Complementary Ultrasonography and Intervention 1810. Ultrasound Guidance for Head and Neck Chemodeneration Procedures 1811. Interpretation of MRI Knee and Ankle with Ultrasound Correlations	HANDS-ON DEMONSTRATIONS <ul style="list-style-type: none"> Incorporating Commercially-Available Technologies into the Physiatric Practice RESEARCH HUB THEATER <ul style="list-style-type: none"> Top Papers in Musculoskeletal and Sports Medicine Outstanding Resident Research Research Spotlight: Quality Improvement 	1604. Advancing Physiatry's Future: Cancer Rehabilitation Medicine Learning Collaborative (2 pm-5 pm) Graduate Medical Education Interactive Summit (1:30 pm-5 pm)
3:15 pm-3:45 pm	REFRESHMENT BREAK	REFRESHMENT BREAK			
3:45 pm-5 pm	1110. AMSSM Exchange Lecture: Return to Exercise Running Postpartum [MSK] 1111. Meniscus Update: Evolving Research Models and Clinical Practice [MSK] 1207. Managing the Spasticity Team in Challenging Financial Times [SPASTICITY] 1409. EMG Express - Using EMG, NCV, and US to Get the Right Answer Right Away [EMG] 1508. Vertebral Compression Fractures: Current Guidelines for Treatment [SPINE AND PAIN]	1308. Multiculturalism in Physiatry: The Business Case and the Clinical Need [PRACTICE] 1309. 2019 MIPS: Preparing Your Practice for Reporting and Strategies to Improve Performance [PRACTICE] 1310. 2019 Inpatient/SNF Physiatry Reimbursement Hurdles [PRACTICE]			
3:45 pm-6:30 pm	PHIT FEST: TOWN HALL; QUIZ BOWL; RECEPTION	PHIT FEST: TOWN HALL; QUIZ BOWL; RECEPTION			
5 pm-6 pm	AAPM&R TOWN HALL: CONNECT WITH YOUR BOARD OF GOVERNORS	AAPM&R TOWN HALL: CONNECT WITH YOUR BOARD OF GOVERNORS			
7 pm-10 pm	PRESIDENT'S RECEPTION AT COWBOYS DANCEHALL	PRESIDENT'S RECEPTION AT COWBOYS DANCEHALL			

THE #AAPMR2019 AGENDA—FRIDAY

TIME	CLINICAL SYMPOSIA	PRACTICE, TECHNOLOGY, AND RESEARCH SYMPOSIA	SKILLS LABS	LEARNING CENTER/ RESEARCH HUB	PM&R BOLD
6:45 am-8 am	SATELLITE SYMPOSIA		SATELLITE SYMPOSIA		
7 am-5 pm	REGISTRATION, MEMBER SOLUTION CENTER OPEN		REGISTRATION, MEMBER SOLUTION CENTER OPEN		
8 am-9:15 am	1112. Best Practices in Gait Analysis: Understanding Normal Gait, Clinical Applications for Runners including Injury Prevention, Prosthetic Innovations, and Return to Running After Lower Extremity Amputation [MSK] 1113. Advances in Treatment and Prevention of Hamstring Injuries [MSK] 1208. It's Not The Pump! It's Your Management [SPASTICITY] 1209. Neurogenic Bowel Management in Adults with Spinal Cord Injury - New Clinical Practice Guidelines from the Consortium for Spinal Cord Medicine [CNS] 1210. More Than Just 'Dispo': Using Evidence and Best Practice to Integrate Physiatry into the Neurologic Intensive Care Unit [SPASTICITY] 1410. Advances in Neuromuscular Medicine and Rehabilitation Part 1 - Nerve [EMG] 1412. Regenerative Medicine in Pediatric and Adolescent Sports Injuries [PEDIATRICS] 1509. Intradiscal Therapies: Biologics and Beyond [SPINE AND PAIN]	1311. AAPM&R Health Advocacy on the Hill and Beyond: A Town Hall Discussion [PRACTICE]	1812. Ultrasound-Guided Upper/Lower Extremity Nerve Blocks with Alcohol and Botulinum Toxin Injections in Head, Neck, and Paraspinal Muscles for Spasticity Management 1813. Advanced Sports Ultrasound Pearls 1814. Regenerative Medicine for Osteoarthritis	HANDS-ON DEMONSTRATIONS <ul style="list-style-type: none"> AAPM&R's Registry Dashboard Demonstration Radial Nerve Injuries: Etiology, Workup, and Prognosis for Recovery with Implications for Treatment RESEARCH HUB THEATER <ul style="list-style-type: none"> Top Papers in Pediatric Rehabilitation 	Learn more about AAPM&R's BOLD efforts for the specialty at www.aapmr.org/bold .
8 am-4 pm	MEDICAL STUDENT PROGRAM AND RESIDENCY FAIR		MEDICAL STUDENT PROGRAM AND RESIDENCY FAIR		
9 am-12:45 pm	PM&R PAVILION OPEN		PM&R PAVILION OPEN		
9:15 am-10 am	REFRESHMENT BREAK		REFRESHMENT BREAK		
10 am-11:15 am	1114. Performing Arts Medicine 101: Relevance and Concepts for Physical Medicine and Rehabilitation Clinicians [MSK] 1115. Shoulder: An Approach to Orthobiologic Injections [MSK] 1211. Where Have All The Brain Injuries Gone?: Biases, Realities, and Solutions [CNS] 1411. Advances in Neuromuscular Medicine and Rehabilitation Part 2 - Muscle [EMG] 1510. An Interactive Session on Finding Best Practices for Regenerative Interventions for Spinal Disorders [SPINE AND PAIN] 1511. Lumbar Spinal Stenosis: A Physiatry Perspective [SPINE AND PAIN]	1312. Population Health, Payment Models, and Predictive Analytics: Opportunities and Challenges for Physiatry Looking Forward in the Era of Value-Based Health Care [PRACTICE] 1313. Tips and Tricks to Establishing and Maintaining a Successful Clinical Practice in Musculoskeletal/Sports/Spine Medicine in the Current Health Care Environment [PRACTICE] 1705. PHiT Fire: Rapid-Fire Presentations on "Uniting PM&R Through Evidence and Best Practices" [IN-TRAINING/EARLY-CAREER]			
11:15 am-12:45 pm	GRAB N' GO LUNCH IN THE PM&R PAVILION		GRAB N' GO LUNCH IN THE PM&R PAVILION		
11:30 am-12:30 pm	AAPM&R BUSINESS MEETING		AAPM&R BUSINESS MEETING		
11:30 am-12:30 pm	LUNCH AND LEARN PRESENTATIONS IN THE PM&R PAVILION		LUNCH AND LEARN PRESENTATIONS IN THE PM&R PAVILION		
12:45 pm-1:45 pm	PLENARY KEYNOTE—51ST WALTER J. ZEITER LECTURE AND AWARDS VIDEO PRESENTATION, DAVID B. NASH, MD, MBA		PLENARY KEYNOTE—51ST WALTER J. ZEITER LECTURE AND AWARDS VIDEO PRESENTATION, DAVID B. NASH, MD, MBA		
1:45 pm-2 pm	REFRESHMENT BREAK		REFRESHMENT BREAK		
2 pm-3:15 pm	1212. Intrathecal Baclofen Pumps: Leave It In... or Take It Out? [SPASTICITY] 1213. Debating Topics Across the Spectrum of Traumatic Brain Injury Rehabilitation: A Point-Counterpoint [CNS] 1415. Exploring the Benefits, Evidence, and Implementation of Virtual Reality for the Treatment of Acute and Chronic Pain in the Outpatient Rehabilitation Setting [EMG] 1512. Best Papers for Recent Advances in Pain Management [SPINE AND PAIN] 1513. Evaluation of Cervical Spine Pain and Correlation with Injection Procedures [SPINE AND PAIN]	1314. Physiatry Practice in the SNF: What You Need to Know to Succeed [PRACTICE] 1413. Physiatric Medical Missions: A Look at Traditional and 3D-Printed Prosthetics and Orthotics in Underserved Populations Abroad [NEW TECHNOLOGIES] 1704. Unbiased Physiatric Finances: Considerations for Residents and Early-Career Faculty [IN-TRAINING/EARLY-CAREER]	1815. Exoskeleton Interventions After Spinal Cord Injury and Acquired Brain Injury 1816. Manual Medicine Treatment for Low Lumbar, Sacroiliac, and Pelvic Dysfunction 1817. Resident Boot Camp 3: Ultrasound-Reviewing Roles and Techniques in Chemodervation/Baclofen Pumps		1605. Advancing Physiatry's Future: Musculoskeletal Medicine Learning Collaborative (2 pm-5 pm)
3:15 pm-3:30 pm	REFRESHMENT BREAK		REFRESHMENT BREAK		
3:30 pm-4:45 pm	The 2018 Scott F. Nadler PASSOR Musculoskeletal Research Grant Winner/2019 PASSOR Legacy Award and Lectureship Winner 1214. Controversies in Neurorehab: Point-Counterpoints on Pharmacologic Agents Impacting Neurorecovery [CNS] 1215. Night and Day: Use of Actigraphy to Aid in the Understanding of Sleep and Activity in Brain Injury Populations [CNS] 1416. Spinal Muscular Atrophy: Interventions, Recommendations, and Evidence for Facilitation of Functional Outcomes [PEDIATRICS] 1417. Update in Cardiopulmonary Rehabilitation: New Opportunities with New Frontiers and Diagnoses [EMG] 1514. Current State of Radiofrequency Ablation [SPINE AND PAIN] 1515. Optimize PM&R Interventional Procedures [SPINE AND PAIN]	1414. Best Papers in Cancer Rehabilitation [CANCER]			
5 pm-6:15 pm	CHIEF RESIDENTS' MEETING		CHIEF RESIDENTS' MEETING		
7 pm	ALUMNI RECEPTIONS		ALUMNI RECEPTIONS		

THE #AAPMR2019 AGENDA—SATURDAY



#AAPMR2019
PhyzTalks

Brunch and Closing General Session featuring PhyzTalks



📅 Sunday, November 17
8 am-10 am

Selected presenters will be announced this summer!

ATTEND THESE IMPORTANT AAPM&R BUSINESS EVENTS

AAPM&R Town Hall

📅 Friday, November 15
5 pm-6 pm



All members are encouraged to attend the AAPM&R Town Hall. This is a great way to make an in-person connection with your Board of Governors during the Annual Assembly. Members meet face-to-face with leadership who set aside this time in an informal setting to answer your questions and hear your ideas and feedback. This is an excellent opportunity to share your voice with the Board of Governors!

AAPM&R Business Meeting

📅 Saturday, November 16
11:30 am-12:30 pm



The AAPM&R Business Meeting is where the Membership Report, the Nominating Committee Report, and Bylaws recommendations are formally presented for voting. Attendees will hear a review of 2019 activities and a preview of 2020 initiatives. Only voting members of the Academy may vote, but all members are encouraged to attend.

“Great diversity of topics.
Excellent speakers.”
—2018 Annual Assembly attendee



JFK JOHNSON REHABILITATION INSTITUTE
The Leader in Providing Quality Rehabilitation Care

Named Best Rehab Facility

- More than 40 years of providing quality rehabilitation to obtain optimal function and independence.
- Comprehensive Inpatient, Outpatient Adult and Pediatric Rehabilitation Services

Accreditation Council for Graduate Continuing Medical Education (ACGME) Programs Includes:

- Physical Medicine & Rehabilitation Residency Program
- Pain Medicine Fellowship
- Brain Injury Medicine Fellowship

Specialized Care:

- Amputation
- Brain Injuries
- Neurological Disorders
- Stroke
- Balance Disorders
- Cardiopulmonary Disorders
- Orthopedics



LEARN AND CONNECT AT THE NEW COMMUNITY DAY

Introducing a brand-new way to connect with your peers at the Annual Assembly...Community Day!

During this half-day program, you're invited to attend sessions that were created by some of YOUR Member Communities. Explore education specific to your needs and network with your peers who share similar interests. Take a look at all the Community Day excitement and be sure to join us! Bonus - this program is included in your registration and CME will be offered for all sessions.

📅 THURSDAY, NOVEMBER 14

8 am-11 am

Cancer Rehabilitation Medicine

Practical, Evidence-Based Ways to Build Cancer Rehabilitation Medicine in Your Practice

- ✓ Focused on evidence-based and practical ways to build a clinical practice with cancer rehabilitation.
- ✓ Educate attendees on how to expand or incorporate cancer rehabilitation in their current practice.
- ✓ Review the latest research on lymphedema management and clinical pearls of experience, how to develop a prehabilitation and exercise program, and more.

Central Nervous System

Concussions, Disorders of Consciousness, and Networking

- ✓ Focus on current practices for disorders of consciousness.
- ✓ No particular treatment will be endorsed, only those that are currently being used.

Exercise as Medicine

Integrating Aerobic Exercise into the Continuum of Rehabilitation Care: Basic and Clinical Science Guides are the Prescription to Support Recovery in Brain Injury, Cancer, and Cardiovascular Disease

- ✓ Review the science supporting the benefit of aerobic exercise in disease prevention.
- ✓ A panel discussion with experts in cancer, neurologic, and cardiopulmonary rehabilitation.
- ✓ Breakout sessions where groups can sit with like-minded colleagues to discuss practical issues of program development and implementation, as well as consider collaborative research initiatives.

Medical Educators

Teaching the Next Generation of Physiatrists: Promoting Lifelong Learning for New Settings and New Technologies

- ✓ Review how to facilitate lifelong learning so that learners can adapt to new changes.
- ✓ Discuss the importance of deciding which technologies to include in the curriculum.
- ✓ Why you need to overcome structural barriers to incorporate new practice settings into your rotations.

Pain Medicine

Evidence-Based Pain Medicine: Spine Physical Exam and Multidisciplinary Approach

- ✓ Share best practices in spine and multidisciplinary pain care.
- ✓ Focus on the evidence behind various multidisciplinary pain approaches and historical factors/physical examination maneuvers.
- ✓ Break into small, faculty-led groups to learn appropriate physical examination maneuvers and experience a guided mindfulness exercise.

Pediatric Rehabilitation

Pediatric Rehabilitation - Pearls and Pitfalls from the Trenches

- ✓ Experienced physiatrists who have started successful pediatric inpatient or outpatient practices will describe their experiences.
- ✓ Review 2-3 pearls to enable you to establish your practice as well as 2-3 pitfalls to avoid.
- ✓ Discuss why establishing pediatric practices in a multitude of settings is valuable for physiatry.

Running Medicine

Running Medicine: Clinically-Applied Biomechanics

- ✓ Give an overview of abnormal biomechanics and correlation with injury.
- ✓ Discuss running gait patterns and injury.
- ✓ Review case presentations that highlight a biomechanical approach for diagnosis and how to formulate a structured rehab plan.

Women Physiatrists

Visioning Women Physiatrists BOLD

Invited Speakers: Marisa Bono; Marina Gavito, MBA

- ✓ Understand how the "woman gap" is affecting career, promotions, and compensation.
- ✓ Employ strategies to find and nourish mentorship opportunities.
- ✓ Discuss how to be instrumental leaders with upcoming health care changes.



8 am-9:15 am

Performing Arts Medicine

Performing Arts Medicine - Get to Know the Community

- ✓ Review the special issues seen in the performing arts.
- ✓ A panel discussion will facilitate the sharing of various experiences of providers working with artists.
- ✓ Topics will range from the logistics of working in the field to the management of specific conditions.

Philippine American Physiatrists

Bringing the Philippine Community Together

- ✓ Have an open and lively discussion regarding global health, PM&R initiatives, and international networking opportunities.
- ✓ A panel will share their personal experiences with service projects (domestic and abroad) and how it has shaped their clinical practice.
- ✓ Garner creative ideas for collaboration with international PM&R organizations for clinical and research opportunities.

9:45 am-11 am

African American Physiatrists

Careers, Cash, and Conversation

Invited Speaker: Sharon Mallory, CMFC

- ✓ An open conversation about career choices.
- ✓ Discuss how it affects the financial strategy for a prosperous career.
- ✓ Share strategies of financial soundness regardless of where you are in your career path.

Overhead Athlete

The Overhead Athlete: Translation of Research to Performance and Back Again

- ✓ Introduce new concepts and topics related to the overhead athlete.
- ✓ Develop a forum for discussion in this niche population.
- ✓ Provide an environment for the development of new and novel research ideas.

Sports Medicine Fellowship

Sports Medicine Fellowships: A Summary of Recent PM&R Fellow Candidates' Applications, Interview Experiences, and What They Value in Programs

- ✓ Identify trends in the sports medicine fellowship application process and PM&R candidates' approaches/values toward the process.
- ✓ Provide useful information to future candidates to help guide their approach.
- ✓ Guide sports medicine fellowship programs on the value of candidates, which may influence the recruitment process or potential future program development.

📄 Visit www.aapmr.org/communityday to learn more.

"The Annual Assembly provides a valuable educational and networking experience."

—2018 Annual Assembly attendee



There are more than 35 Member Communities growing and thriving together! Members: Log in to your member profile to enroll in communities that interest you. Plus, join the virtual Member Community discussions happening on PhyzForum.

MUSCULOSKELETAL/SPORTS MEDICINE AND ULTRASOUND

THURSDAY, NOVEMBER 14

2 pm-3:15 pm
1101. Advanced Diagnostic and Interventional Ultrasound: Taking it to the Next Level
 Jonathan Finnoff, DO, FAAPMR (Session Director)

3:45 pm-5 pm
1102. Pearls for the Sports Medicine Physician
 Jonathan Finnoff, DO, FAAPMR (Session Director)

1103. Rehabilitation of Chronic Shoulder Pain – Current Evidence and New Treatments
 Richard D. Wilson, MD, MS, FAAPMR (Session Director)

FRIDAY, NOVEMBER 15

8 am-9:15 am
1104. Exercise Across the Rehabilitation Spectrum: Evidence and Implementation
 Patrick Kortebein, MD, FAAPMR (Session Director)

1105. Extracorporeal Shockwave Therapy – What is the Evidence?
 Luis Baerga-Varela, MD (Session Director)

10 am-11:15 am
1106. Foot and Ankle: An Approach to Orthobiologic Injections
 Joanne Borg-Stein, MD, FAAPMR (Session Director)

1107. Clinical Pearls and Current Updates in Pediatric Sports Medicine
 Mary E. Dubon, MD, FAAPMR (Session Director)

2 pm-3:15 pm
1108. An Evidence and Best Practice Approach Toward Standardizing Regenerative Rehabilitation
 Prathap Jayaram, MD, FAAPMR (Session Director)

1109. Youth Running – Strategies for Preventing Injury
 Brian J. Krabak, MD, MBA, FACSM, FAAPMR (Session Director)

3:45 pm-5 pm
1110. AMSSM Exchange Lecture: Return to Exercise | Running Postpartum
 Constance Lebrun, MD (Guest Speaker)

1111. Meniscus Update: Evolving Research Models and Clinical Practice
 Kentaro Onishi, DO, FAAPMR (Session Director)

SATURDAY, NOVEMBER 16

8 am-9:15 am
1112. Best Practices in Gait Analysis: Understanding Normal Gait, Clinical Applications for Runners including Injury Prevention, Prosthetic Innovations, and Return to Running after Lower Extremity Amputation
 Ninad S. Karandikar, MBBS, FAAPMR (Session Director)

1113. Advances in Treatment and Prevention of Hamstring Injuries
 Adam Tenforde, MD, FAAPMR (Session Director)

SATURDAY, NOVEMBER 16

2 pm-5 pm
1605. Advancing Physiatry’s Future: Musculoskeletal Medicine Learning Collaborative

10 am-11:15 am
1114. Performing Arts Medicine 101: Relevance and Concepts for Physical Medicine and Rehabilitation Clinicians
 Jennifer Marie J. Yang, MD, FAAPMR (Session Director)

1115. Shoulder: An Approach to Orthobiologic Injections
 Joanne Borg-Stein, MD, FAAPMR (Session Director)

CENTRAL NERVOUS SYSTEM

THURSDAY, NOVEMBER 14

2 pm-3:15 pm
1201. Stroke Rehabilitation: What’s New, Shocking, and Out of the Box
 Joel Stein, MD, FAAPMR (Session Director)

3:45 pm-5 pm
1202. Findings from the Football Players Health Study
 Ross D. Zafonte, DO, FAAPMR (Session Director)

FRIDAY, NOVEMBER 15

8 am-9:15 am
1203. Rare and Well Done – Unusual Spasticity Management Techniques
 Michael F. Saulino, MD, PhD, FAAPMR (Session Director)

1204. Parkinson’s Disease: The Quintessential Multidisciplinary Rehabilitation Diagnosis
 Heather Baer, MD, FAAPMR (Session Director)

10 am-11:15 am
1205. Chronic Traumatic Encephalopathy: Understanding Facts, Caveats, and Practical Discussion with Patients
 Ross D. Zafonte, DO, FAAPMR (Session Director)

10 am-11:30 am
1206. Lower Limb Orthotic Prescription Optimization
 Alberto Esquenazi, MD, FAAPMR (Session Director)

SATURDAY, NOVEMBER 16

8 am-9:15 am
1209. Neurogenic Bowel Management in Adults with Spinal Cord Injury – New Clinical Practice Guidelines from the Consortium for Spinal Cord Medicine
 Jeffery S. Johns, MD, FAAPMR (Session Director)

10 am-11:15 am
1211. Where Have All The Brain Injuries Gone? Biases, Realities, and Solutions
 Mary E. Russell, DO, MS, FAAPMR (Session Director)

2 pm-3:15 pm
1213. Debating Topics Across the Spectrum of Traumatic Brain Injury Rehabilitation: A Point-Counterpoint
 Thomas K. Watanabe, MD, FAAPMR (Session Director)

3:30 pm-4:45 pm
1214. Controversies in Neurorehab: Point-Counterpoints on Pharmacologic Agents Impacting Neurorecovery
 Ryan J. Solinsky, MD, FAAPMR (Session Director)

1215. Night and Day: Use of Actigraphy to Aid in the Understanding of Sleep and Activity in Brain Injury Populations
 Thomas K. Watanabe, MD, FAAPMR (Session Director)

ACUTE/POST-ACUTE CARE

FRIDAY, NOVEMBER 15

8 am-11 am
1603. Advancing Physiatry’s Future: Acute/Post-Acute Care Continuum Learning Collaborative

SPASTICITY

SATURDAY, NOVEMBER 16

8 am-9:15 am
1208. It’s Not The Pump! It’s Your Management
 Cindy B. Ivanhoe, MD, FAAPMR (Session Director)

1210. More than Just ‘Dispo’: Using Evidence and Best Practices to Integrate Physiatry into the Neurologic Intensive Care Unit
 Justin L. Weppner, DO (Session Director)

2 pm-3:15 pm
1212. Intrathecal Baclofen Pumps: Leave it in...or Take it Out?
 Kat Kolaski, MD, FAAPMR (Session Director)

3:45 pm-5 pm
1207. Managing the Spasticity Team in Challenging Financial Times
 Cindy B. Ivanhoe, MD, FAAPMR (Session Director)

PRACTICE MANAGEMENT AND EVOLUTION

THURSDAY, NOVEMBER 14

2 pm-3:15 pm
1301. Feeding the Fire: Finding Solutions to the Burnout Epidemic in PM&R
 Monica Verduzco-Gutierrez, MD, FAAPMR (Session Director)

3:45 pm-5 pm
1302. The Physiatrist Health Care Advocate: Leadership Strategies for Health Systems, Insurance Companies, and the State House
 Stuart J. Glassman, MD, FAAPMR; Andrea P. Toomer, MD, FAAPMR (Session Directors)

1303. Medical Leadership: Beyond the Medical Director... the Essential New and Evolving Role of the Medical Administrator and the Potential Impacts of Innovative Leadership!
 Alan K. Novick, MD, FAAPMR (Session Director)

FRIDAY, NOVEMBER 15

8 am-9:15 am
1304. Everyone’s a Little Bit Biased (Even Physiatrists)
 Elissa J. Charbonneau, DO, MS, FAAPMR; Monica Verduzco-Gutierrez, MD, FAAPMR (Session Directors)

10 am-11:15 am
1305. AAPM&R Health Advocacy on the Hill and Beyond: The Current Health Policy Landscape and Academy Advocacy Activities
 Nneka Ifejika, MD, MPH, FAAPMR (Session Director)

2 pm-3:15 pm
1306. Supporting Female Colleagues in the Field of PM&R
 Matthew D. Adamkin, MD, FAAPMR (Session Director)

1307. 2019 Office Coding and Documentation E/M Updates – Not What We Had Hoped For
 Annie D. Purcell, DO, FAAPMR (Session Director)

3:45 pm-5 pm
1308. Multiculturalism in Physiatry: The Business Case and the Clinical Need
 Shahd Haidar, MD; Maurice Sholas, MD, PhD, FAAPMR (Session Directors)

1309. 2019 MIPS: Preparing Your Practice for Reporting and Strategies to Improve Performance
 Mark Huang, MD, FAAPMR (Session Director)

1310. 2019 Inpatient/SNF Physiatry Reimbursement Hurdles
 Jeffery S. Johns, MD, FAAPMR (Session Director)

FUN FACT

San Antonio is host to the largest Mexican market outside of Mexico, El Mercado, which is a combination of 100 restaurants, shops, handicrafts, and fresh produce stands.



📅 SATURDAY, NOVEMBER 16

8 am-9:15 am
1311. AAPM&R Health Advocacy on the Hill and Beyond: A Town Hall Discussion
 Nneka Ifejika, MD, MPH, FAAPMR (Moderator)

10 am-11:15 am
1312. Population Health, Payment Models, and Predictive Analytics: Opportunities and Challenges for Physiatry Looking Forward in the Era of Value-Based Health Care
 Chloe S. Slocum, MD, FAAPMR (Session Director)

1313. Tips and Tricks for Establishing and Maintaining a Successful Clinical Practice in Musculoskeletal/Sports/Spine Medicine in the Current Health Care Environment
 Jennifer A. Soo Hoo, MD, FAAPMR (Session Director)

2 pm-3:15 pm
1314. Physiatry Practice in the SNF: What You Need to Know to Succeed
 Steve M. Gnatz, MD, MHA, FAAPMR (Session Director)

NEW TECHNOLOGIES/EMG

📅 THURSDAY, NOVEMBER 14

2 pm-3:30 pm
1401. Electrodiagnosis in the Inpatient Setting
 Sandra L. Hearn, MD, FAAPMR (Session Director)

3:45 pm-5 pm
1402. Challenging Electrodiagnostic Cases – Meaningful Interpretation with Implications for Diagnosis and Referrals
 Faren H. Williams, MD, FAAPMR (Session Director)

📅 FRIDAY, NOVEMBER 15

10 am-11:15 am
1405. TelePM&R: Lessons Learned and the Road Ahead
 Rebecca N. Tapia, MD (Session Director)

2 pm-3:15 pm
1407. From Population Health to Autonomic Health in the Wearable Age: Decoding the Heart Brain Connection with Heart Rate Variability
 Todd R. Rowland, MD, FAAPMR (Session Director)

3:45 pm-5 pm
1409. EMG Express – Using EMG, NCV, and US to Get the Right Answer Right Away
 Shawn P. Jorgensen, MD, FAAPMR (Session Director)

FUN FACT

San Antonio's Stock Show & Rodeo is one of the biggest rodeos in the nation. Yeehaw!



📅 SATURDAY, NOVEMBER 16

8 am-9:15 am
1410. Advances in Neuromuscular Medicine and Rehabilitation Part 1 – Nerve
 Colin K. Franz, MD, PhD, FAAPMR (Session Director)

10 am-11:15 am
1411. Advances in Neuromuscular Medicine and Rehabilitation Part 2 – Muscle
 Colin K. Franz, MD, PhD, FAAPMR (Session Director)

2 pm-3:15 pm
1413. Physiatric Medical Missions: A Look at Traditional and 3D-Printed Prosthetics and Orthotics in Under-Served Populations Abroad
 Stephanie E. Rand, DO, FAAPMR (Session Director)

1415. Exploring the Benefits, Evidence, and Implementation of Virtual Reality for the Treatment of Acute and Chronic Pain in the Outpatient Rehabilitation Setting
 David S. Binder, MD (Session Director)

3:30 pm-4:45 pm
1417. Update in Cardiopulmonary Rehabilitation: New Opportunities with New Frontiers and Diagnosis
 Matthew N. Bartels, MD, FAAPMR (Session Director)

CANCER REHABILITATION

📅 THURSDAY, NOVEMBER 14

3:45 pm-5 pm
1403. Rehabilitation of Patients with Brain Tumors
 Lori M. Grafton, MD, FAAPMR (Session Director)

📅 FRIDAY, NOVEMBER 15

8 am-9:15 am
1404. Cancer-Related Challenges in the Inpatient Rehabilitation Setting
 Jessica P. Engle, DO, FAAPMR (Session Director)

10 am-11:15 am
1406. Balancing Rehabilitation with Prognosis in Cancer Patients: An Evidence-Based Review of When and How to Intervene
 Samman Shahpar, MD, FAAPMR (Session Director)

2 pm-5 pm
1604. Advancing Physiatry's Future: Cancer Rehabilitation Medicine Learning Collaborative

📅 SATURDAY, NOVEMBER 16

3:30 pm-4:45 pm
1414. Best Papers in Cancer Rehabilitation
 Yevgeniya Dvorkin-Winger, MD, FAAPMR (Session Director)

PEDIATRICS

📅 THURSDAY, NOVEMBER 14

2 pm-5 pm
1602. Advancing Physiatry's Future: Pediatric Rehabilitation Medicine Learning Collaborative

📅 FRIDAY, NOVEMBER 15

2 pm-3:15 pm
1408. Past, Present, and Future of Pediatric Rehabilitation: Research Updates and State-of-the-Field
 Kevin P. Murphy, MD, FAAPMR (Session Director)

📅 SATURDAY, NOVEMBER 16

8 am-9:15 am
1412. Regenerative Medicine in Pediatric and Adolescent Sports Injuries
 Andrew H. Gordon, MD, PhD, FAAPMR (Session Director)

3:30 pm-4:45 pm
1416. Spinal Muscular Atrophy: Interventions, Recommendations, and Evidence for Facilitation of Functional Outcomes
 Caitlin Brady, CPNP-PC (Session Director)

SPINE AND PAIN

📅 THURSDAY, NOVEMBER 14

2 pm-3:15 pm
1501. Fundamental Approaches to Capturing Physiatric Interventions and Patient-Reported Outcomes in Spine Practices: 2019 Learnings and Data from AAPM&R's Registry
 Michael Hatzakis, Jr., MD, FAAPMR (Session Director)

1502. CBD, THC, and Medical Marijuana: What Do I Need To Know To Educate My Patients?
 Mitchell Prywes, MD, FAAPMR (Session Director)

3:45 pm-5 pm
1503. The Sacroiliac Joint and Dorsal Ligament Complex: Procedural Considerations and Review of the Evidence
 Aaron J. Yang, MD, FAAPMR (Session Director)

📅 FRIDAY, NOVEMBER 15

8 am-9:15 am
1504. Mind-Body Pain Medicine: Reinventing Yourself in a Dynamic Practice Environment
 Ira G. Rashbaum, MD, FAAPMR (Session Director)

8 am-9:30 am
1505. Spine Imaging Interpretation for the Early-Career PM&R Specialist
 Patricia Z. Zheng, MD, FAAPMR (Session Director)

2 pm-3:15 pm
1506. Spine Imaging Interpretation for the Experienced PM&R Specialist
 Patricia Z. Zheng, MD, FAAPMR (Session Director)

1507. Neuromodulation for Physiatrists: A Comprehensive Review
 Erik T. Shaw, DO, FAAPMR (Session Director)

3:45 pm-5 pm
1508. Vertebral Compression Fractures: Current Guidelines for Treatment
 Mehul Desai, MD, FAAPMR (Session Director)

📅 SATURDAY, NOVEMBER 16

8 am-9:15 am
1509. Intradiscal Therapies: Biologics and Beyond
 Ameet S. Nagpal, MD, MEd, FAAPMR (Session Director)

9:45 am-11:15 am
1510. An Interactive Session on Finding Best Practices for Regenerative Interventions for Spinal Disorders
 Venu Akuthota, MD, FAAPMR (Session Director)

10 am-11:15 am
1511. Lumbar Spinal Stenosis: A Physiatry Perspective
 Mehul J. Desai, MD, FAAPMR (Session Director)

2 pm-3:15 pm
1512. Best Papers for Recent Advances in Pain Management
 James W. Atchison, DO, FAAPMR (Session Director)

1513. Evaluation of Cervical Spine Pain and Correlation with Injection Procedures
 Amit Bhargava, MD, FAAPMR (Session Director)

3:30 pm-4:45 pm
1514. Current State of Radiofrequency Ablation
 Ameet S. Nagpal, MD, MEd, FAAPMR (Session Director)

1515. Optimize PM&R Interventional Procedures
 Saloni Sharma, MD, FAAPMR (Session Director)

"Great lectures! I had an opportunity to ask questions specific to patients I am caring for now."

—2018 Annual Assembly attendee



IN-TRAINING/EARLY-CAREER PHYSIATRISTS—DISCOVER YOUR POTENTIAL AT #AAPMR2019

More than 600 residents and early-career physiatrists attend the Annual Assembly each year to connect, learn, and grow. During this in-training/early-career program, you'll discover educational content and networking opportunities designed for you. Make sure you also sign up for the Resident Boot Camps. For only \$35, you can experience hands-on education during these 3-hour Skills Labs. These will fill quickly, so sign up early! This is THE largest annual gathering of physiatrists—don't miss it!

THURSDAY, NOVEMBER 14

2 pm-3:15 pm
1701. Advocacy from A to Z
 Justin M. Bishop, MD, MBA, MS (Session Director)

2 pm-5 pm
1803. Resident Boot Camp 1: Ultrasound – Reviewing Essential Nerve Examination Techniques **N** **ADMIT ONE**
 Donald Kasitinin, MD; Stephanie Tow, MD (Directors)

FRIDAY, NOVEMBER 15

8 am-9:15 am
1702. To the Point: Evolution, Evidence, and Experience of Acupuncture
 Amy L. Tenaglia, MD (Session Director)

8 am-11 am
1806. Resident Boot Camp 2: Prosthetics/Orthotics of Upper and Lower Extremity **N** **ADMIT ONE**
 Stephanie Tow, MD; Julie E. Witkowski, MD (Directors)

10 am-11:15 am
1703. Mastering Leadership Competencies for Early Career and Beyond
 Justin M. Bishop, MD, MBA, MS (Session Director)

PHIT FEST

Share, learn, and network during these activities designed for in-training physiatrists:

3:45 pm-4:15 pm
Town Hall Meeting
 Connect with your resident and in-training peers and share your unique PM&R experiences during this In-Training Town Hall, moderated by the Physiatrists in Training (PHIT) Council.

4:15 pm-5:30 pm
Quiz Bowl
 Test your PM&R knowledge and compete with other residency programs from across the country in our annual Quiz Bowl! Register your program starting in the summer.

5:30 pm-6:30 pm
Reception
 Before you head to Cowboys Dancehall for the President's Reception, spend an hour networking with your peers while enjoying appetizers and drinks. Resident and Fellow-in-Training registration fees include admittance to this reception.

SATURDAY, NOVEMBER 16

10 am-11:15 am
1705. PHIT Fire: Rapid-Fire Presentations on "Uniting PM&R Through Evidence and Best Practices"
 Charles D. Kenyon, DO (Moderator)

2 pm-3:15 pm
1704. Unbiased Physiatric Finances: Considerations for Residents and Early-Career Faculty
 Matthew J. McLaughlin, MD, FAAPMR (Session Director)

2 pm-5 pm
1817. Resident Boot Camp 3: Ultrasound– Reviewing Roles and Techniques in Chemodenervation/ Baclofen Pumps **N** **ADMIT ONE**
 Stephanie Tow, MD; Justin L. Weppner, DO (Directors)

5 pm-6:15 pm
Chief Residents' Meeting
 Hear chief residents share best practices, learn the "ins and outs" of PM&R residency operations, and participate in an interactive dialogue. This is another great opportunity to build your network of lifelong colleagues.

N =Novice

Thinking about the next steps in your career? Make sure you attend our Job and Fellowship Fair and Career Corner Booth. Flip to pages 34-35 to learn more.



HANDS-ON SKILLS LABS LED BY YOUR PM&R PEERS



You're in for an intensive training experience if you register for a 3-hour Skills Lab, which offers a blend of didactic and hands-on education. Developed by your PM&R peers, Skills Labs provide a small group, focused opportunity for you to advance your skill set in a variety of areas.

Space is limited to 40 participants per Lab to ensure each attendee has ample hands-on learning time. Sign up early! Visit www.aapmr.org/skillslabs.

WEDNESDAY, NOVEMBER 13

2 pm-5 pm
1801. Ultrasonography for the Evaluation and Treatment of Upper Extremity Disorders **I**
 Mary L. Apiafi, MD, FAAPMR (Director)
1802. Advanced Musculoskeletal Ultrasound of the Shoulder **A**
 Jeimylo C. De Castro, MD, FAAPMR (Director)

THURSDAY, NOVEMBER 14

2 pm-5 pm
1804. Ultrasound Evaluation of Peripheral Nerves **I**
 Amit Bhargava, MD, FAAPMR (Director)
1805. Ultrasound Guidance for Chemodenervation Procedures: Upper Limb **I**
 Katharine E. Alter, MD, FAAPMR (Director)

FRIDAY, NOVEMBER 15

8 am-11 am
1807. Fundamental Ultrasound of the Lower Extremity **A**
 Adam J. Susmarski, DO, FAAPMR (Director)
1808. Ultrasound Guidance for Lower Limb Chemodenervation Procedures **I**
 Katharine E. Alter, MD, FAAPMR (Director)

2 pm-5 pm
1809. Pelvic Pain: Clinical Evaluation with Complementary Ultrasonography and Intervention **N**
 Reina Nakamura, DO, FAAPMR (Director)
1810. Ultrasound Guidance for Head and Neck Chemodenervation Procedures **I**
 Katharine E. Alter, MD, FAAPMR (Director)
1811. Interpretation of MRI Knee and Ankle with Ultrasound Correlations **N I**
 Brian C. Liem, MD, FAAPMR (Director)

N =Novice
I =Intermediate
A =Advanced

SATURDAY, NOVEMBER 16

8 am-11 am
1812. Ultrasound-Guided Upper/Lower Extremity Nerve Blocks with Alcohol and Botulinum Toxin Injections in Head, Neck, and Paraspinal Muscles for Spasticity Management **A**
 Yuxi Chen, MD, FAAPMR (Director)
1813. Advanced Sports Ultrasound Pearls **A**
1814. Regenerative Medicine for Osteoarthritis **I**
 Michael Auriemma, MD, FAAPMR; Joanne Borg-Stein, MD, FAAPMR (Directors)

2 pm-5 pm
1815. Exoskeleton Interventions After Spinal Cord Injury and Acquired Brain Injury **A**
 Alberto Esquenazi, MD, FAAPMR (Director)
1816. Manual Medicine Treatment for Low Lumbar, Sacroiliac, and Pelvic Dysfunction **N I**
 James W. Atchison, DO, FAAPMR (Director)



91% of Skills Labs attendees said that their Skills Lab experience positively impacted their practice.

INTERACTIVE EDUCATION IN THE LEARNING CENTER

Held in the PM&R Pavilion, the Learning Center is your destination for highly-interactive, hands-on education. Leading experts in physiatry will be offering demonstrations, giving you exposure to new technologies available in different clinical areas. The Learning Center will be open throughout the Assembly and is included in your registration.

Free Hands-On Demonstrations

THURSDAY, NOVEMBER 14

1 pm-2:30 pm	Sono-Anatomy and Injection Techniques Around the Neck Soo Kim, MD, FAAPMR (Director)
2 pm-2:30 pm	AAPM&R's Registry Dashboard Demonstration
3:30 pm-5 pm	Ultrasound Probe: Stethoscope of Sports Medicine Physiatrists, Point of Care, and On-Field Assessment Reina Nakamura, DO, FAAPMR (Director)

FRIDAY, NOVEMBER 15

9:30 am-10 am	AAPM&R's Registry Dashboard Demonstration
9:30 am-11 am	Improving Your Lumbar Puncture Skills Michael F. Saulino, MD, PhD, FAAPMR (Director)
10 am-11:30 am	Pediatric Electrodiagnosis: Summary and Updates with Live Demonstration of Clinical Approach Maureen R. Nelson, MD, FAAPMR (Director)
2 pm-3:30 pm	Incorporating Commercially-Available Technologies into the Physiatric Practice Michael H. Hagen, MD (Director)

SATURDAY, NOVEMBER 16

9:30 am-10 am	AAPM&R's Registry Dashboard Demonstration
9:30 am-11 am	Radial Nerve Injuries: Etiology, Workup, and Prognosis for Recovery with Implications for Treatment Faren H. Williams, MD, FAAPMR (Director)

P.S. You'll want to check out sponsored sessions for all the latest in innovation.



and more to come!



NEW! RESEARCH HUB

AAPM&R's Research Hub in the PM&R Pavilion is the ONLY place where you'll discover the highest quality of PM&R research – all from your physiatry peers! Tailor your research experience in 3 ways:

- ① Live Theater
- ② At Your Leisure
- ③ Lunch-Time Presentations

Live Theater

You're invited to see 50+ authors present the best of the best research at the live theater stage of the Research Hub.

THURSDAY, NOVEMBER 14

12:30 pm-1:15 pm	Research Spotlight: Practice Management and Leadership
1:30 pm-2:15 pm	Research Spotlight: General Rehabilitation
2:30 pm-3:15 pm	Research Spotlight: Musculoskeletal and Sports Medicine
3:30 pm-4:45 pm	Top Papers in Spine and Pain

FRIDAY, NOVEMBER 15

9 am-9:45 am	Late-Breaking Research
10 am-10:45 am	Research Spotlight: Neurological Rehabilitation
11 am-11:45 am	Research Spotlight: Spine and Pain Medicine
12 pm-1:15 pm	Top Papers in Musculoskeletal and Sports Medicine
2 pm-2:45 pm	Outstanding Resident Research
3 pm-3:45 pm	Research Spotlight: Quality Improvement

SATURDAY, NOVEMBER 16

9:30 am-10:30 am	Top Papers in Pediatric Rehabilitation
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At Your Leisure

Explore e-posters at your own pace by using the self-directed digital kiosks.

Lunch-Time Presentations

Listen to 400+ presenters as they discuss their research, results, and methodologies through their electronic posters displayed at kiosks within the Research Hub.

Thursday, November 14
12:30 pm-2 pm

Friday, November 15
12:30 pm-2 pm

Saturday, November 16
11:15 am-12:45 pm

Research Hub Hours

Thursday, November 14
12:30 pm-7 pm

Friday, November 15
9 am-3:45 pm

Saturday, November 16
9 am-12:45 pm



One of the Nation's Best Rehabilitation Hospitals for a Reason

MedStar National Rehabilitation Hospital has been at the forefront of Rehabilitation Medicine for the past 30 years. Our mission of Adding Life to Years® has not only propelled the growth of our hospital, it has also allowed us to take on some of the nation's most complex cases. Driven by our use of the latest technology, our research partnership with Georgetown University School of Medicine, and our nationally recognized Education and Residency program, MedStar National Rehabilitation Hospital continues to strive at providing industry leading inpatient care.



MedStar National
Rehabilitation Hospital

MedStarNRH.org

GRADUATE MEDICAL EDUCATION INTERACTIVE SUMMIT



Friday, November 15
12:45 pm-5 pm

Through the Visioning PM&R BOLD initiative, several critical graduate medical education (GME) issues were identified that must be addressed in order to move physiatry forward. One of the main issues that has become a priority for the GME Committee is to develop a process to re-align the content of GME training by setting standards for training that will advance the knowledge and skills of physiatrists to meet the needs of new practice models inspired by PM&R BOLD and the future of physiatry in general.

Working with the residency and fellowship director community, the GME Committee has been collecting curriculum data and benchmarking how programs are currently teaching ACGME's program requirements. Through this interaction, program and fellowship directors have been sharing best practices, allowing the GME Committee to develop resources in order to raise the bar in residency and fellowship training beyond the minimum requirements.

Parallel to this, there is a Tri-Organizational GME Core Knowledge initiative taking place, which includes AAPM&R, the American Board of Physical Medicine and Rehabilitation (ABPMR), and the Association of Academic Physiatrists (AAP). The goal of this initiative is to understand how physiatrists are currently practicing and are likely to practice in the future (e.g., what types of patients they see, what types of procedures they perform, what types of settings they practice in, etc.), and ultimately, identify the core knowledge and training requirements for GME within PM&R.

The Academy will be inviting thought-leaders to participate in this interactive summit to explore and discuss the data that has been collected and to provide an update on all the initiatives the Academy and the GME Committee have been doing to support the specialty. Invitations will be extended later this summer. Stay tuned for more details.



Sandra Hearn, M.D., Assistant Professor and Program Director with PM&R resident physicians

Physical Medicine and Rehabilitation at Michigan Medicine is a leader in rehabilitation training, research, and clinical care. Michigan Medicine is home to one of the largest health care complexes in the world. It has been the site of many groundbreaking medical and technological advancements since the Medical School first opened in 1850. Visit pmr.med.umich.edu and learn about exciting new developments in the department and for details about James Rae Day and Alumni Football Tailgate, September 6 and 7, 2019.

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*Translating Innovation
to Patient Care*

For information:
pmr.med.umich.edu
or 734-936-8178

A BOLD NEW VISION FOR PHYSIATRY DEFINED BY YOU!



In 2017, your Academy adopted a new vision statement, which is also the specialty's vision, by incorporating the input of thousands of physiatrists through the Visioning PM&R BOLD initiative. **AAPM&R will ensure that:**

- ✓ Physiatrists are the **essential** medical experts in value-based **evaluation, diagnosis, and management** of neuromusculoskeletal and disabling conditions.
- ✓ Physiatrists are **indispensable** leaders in **directing rehabilitation and recovery**, and in preventing injury and disease.
- ✓ Physiatrists are **vital** in optimizing outcomes and function **early and throughout the continuum of patient care**.

We have ONE vision, but it will play out in many ways across different practice areas. This is why the Academy is committed to bringing physiatrists together to:

- ✓ Lead together
- ✓ Learn from one another
- ✓ Engage in critical conversations
- ✓ Highlight emerging best practices
- ✓ Identify and address the barriers as well as the opportunities ahead of us

Because we are stronger together. Learn more about the 4 practice areas and the envisioned future for each at www.aapmr.org/pmrbold.

ADVANCING
PM&RBOLD
FOR OUR PATIENTS • FOR OUR SPECIALTY • FOR YOUR FUTURE



FUN FACT

The San Antonio River Walk, which boasts more than 15 linear miles of continuous trails in the heart of San Antonio, has 4 mission portals, allowing for easy access to the historical sites.



Learn More and Get Involved at #AAPMR2019

Attend the Advancing Physiatry's Future: PM&R BOLD informational session on Thursday, November 14 from 2 pm-3:15 pm to learn more about the vision, envisioned futures for practice areas, and the work being done to address barriers for physiatry.

- ✓ Do you want to explore what the vision looks like in practice areas including Musculoskeletal Care, Acute/Post-Acute Care, Cancer Rehabilitation Medicine, and Pediatric Rehabilitation Medicine?
- ✓ Do you want to know more about the steps we're taking to address necessary GME changes?
- ✓ Do you want to know what's being done to ensure key stakeholders understand the value of physiatrists?

These are examples of the key issues the Academy is tackling on behalf of all physiatrists to fulfill the vision. Join us in San Antonio to learn more.

Attend 1 of 4 PM&R BOLD learning collaboratives. These 3-hour sessions are meant to dive deep and center around dialogue with your peers. We'll be tackling tough issues and learning more about changes in health care and the effects on the specialty.

Topics may include training and core service discussions, conversations around how we can position physiatry well with other specialties and systems, how we utilize technology to advance and practice and how co-management models can help extend the influence of PM&R across many settings.

Visit www.aapmr.org/pmrbold to learn more about each practice area and the envisioned futures. Then, plan to attend the 3-hour collaborative of your choice in San Antonio:

📅 THURSDAY, NOVEMBER 14

2 pm-5 pm

1602. Advancing Physiatry's Future: Pediatric Rehabilitation Medicine Learning Collaborative

📅 FRIDAY, NOVEMBER 15

8 am-11 am

1603. Advancing Physiatry's Future: Acute/Post-Acute Care Continuum Learning Collaborative

2 pm-5 pm

1604. Advancing Physiatry's Future: Cancer Rehabilitation Medicine Learning Collaborative

📅 SATURDAY, NOVEMBER 16

2 pm-5 pm

1605. Advancing Physiatry's Future: Musculoskeletal Medicine Learning Collaborative

📄 More information about PM&R BOLD and opportunities to get involved can be found at: www.aapmr.org/pmrbold.



LEARNING COLLABORATIVES

The Oasis

📅 Thursday, November 14-Saturday, November 16

Looking for a place to take a break from it all? The Oasis is the perfect spot to relax, catch up on email, meet other attendees or join your peers in games.

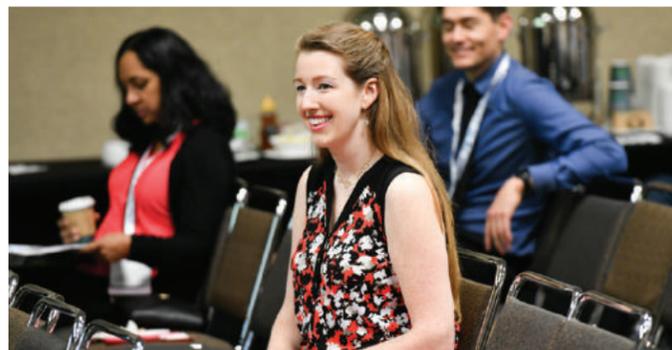
Collaboration Center

For Member Communities in need of a private meeting space, an online application can be completed on www.aapmr.org/membercommunities. If you have additional questions, please contact membercommunities@aapmr.org. Space is available on a first-come, first-served basis.

First-Time Attendee Meet-Up

📅 Thursday, November 14
7:15 am-8 am

With so much to see and do at the Assembly, a little help comes in handy! The First-Time Attendee Meet-Up gives you a unique opportunity to ask questions and meet other first-timers. Visit www.aapmr.org/2019 to explore tips on how to make the most of your Assembly experience.



Welcome Reception

📅 Thursday, November 14
5 pm-7 pm



Mingle with your peers for drinks and hors d'oeuvres, while building your professional and social networks. The Welcome Reception provides a valuable opportunity to meet your fellow attendees and exhibitors, as well as catch up with old friends in a relaxed social setting. *Guests and children must be registered for admittance to this event.*

Career Corner

Visit the Career Corner booth #1643 in the PM&R Pavilion to connect with industry experts and colleagues who will answer your career-related questions and provide advice about navigating all aspects of psychiatry. We will also be offering sessions for CV reviews and fellowship advice. Flip to page 36 to learn more.



State Society Meetings

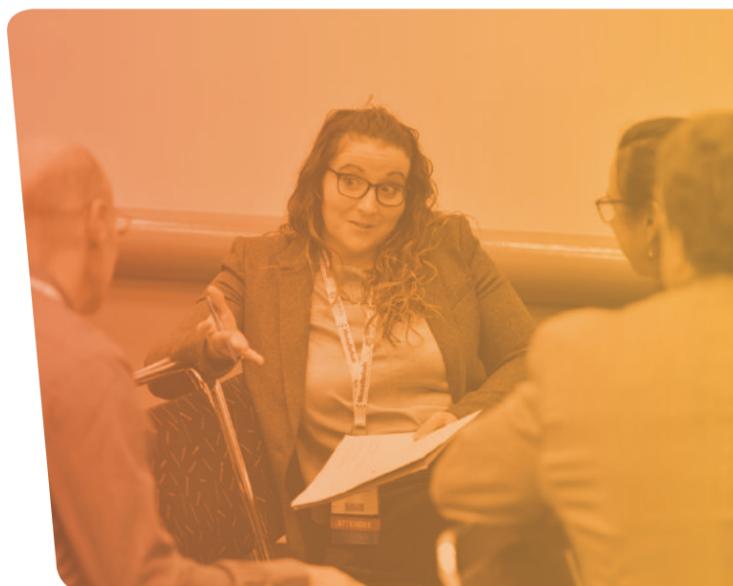
📅 Thursday, November 14

Meet your PM&R peers at a State PM&R Society Meeting. A full listing of scheduled meetings will be posted closer to the Assembly.

Alumni Receptions

📅 Saturday, November 16

On Saturday night, connect with your former colleagues during one of 20+ alumni receptions. Make sure to plan ahead and stay through the weekend to catch up with your peers! A full listing of scheduled receptions will be posted closer to the Assembly.



AAPM&R Job and Fellowship Fair

📅 Wednesday, November 13
6:30 pm-9 pm

Attend the AAPM&R Job and Fellowship Fair to take the next step in your PM&R career. More than 100 institutions and practices from around the country are represented each year at the largest PM&R-specific career event in the country! Plan ahead with the Job and Fellowship floor plan and other resources on www.aapmr.org/jobfair.

Is your organization looking for ideal candidates for open positions and fellowship spots? Participate in the 2019 Job and Fellowship Fair. Limited premium booth spaces are available! Register your organization for the event online at www.aapmr.org/jobfair or call (847) 737-6078 for more information.



NETWORKING

DON'T MISS THE FOUNDATION FOR PM&R ACTIVITIES

Rehab 5k Run/Walk & Roll and Residency Program Challenge

📅 Friday, November 15
6:30 am
Hemisfair Park



Join your colleagues for this early-morning run to raise money for psychiatric research! You can also enroll your residency program in the competition for fastest runners, largest team, and more. Contact Phyllis Anderson at panderson@foundationforpmr.org or call (847) 737-6062.

Presentation of Foundation for PM&R Awards and Grants

📅 Saturday, November 16
12:45 pm-1:45 pm

During the 51st Walter J. Zeiter Lecture and Awards Video Presentation, the Foundation for PM&R will be recognizing their Fall 2019 research grant award winners who are receiving more than \$100,000 in support. The awards will be presented and recipients will have the opportunity to speak during the Donor Appreciation Reception on Thursday evening (by invitation only).

Presentation of Results from the 2018 Nadler Research Grant Winner

📅 Saturday, November 16
3:30 pm-4:45 pm

Ellen Casey, MD, FAAPMR, of the Hospital for Special Surgery will present the results of her 2018 Scott Nadler PASSOR Research Grant study, "Differential Effect of Oral Contraceptives on the Structure and Function of Ligament and Tendon."



Get ready to see the best-of-the-best from more than 175 product and service providers, pharmaceutical and device companies, rehabilitation providers, and more! The PM&R Pavilion is the central hub where attendees come to network, find innovative solutions to their practice needs and challenges, and get ahead on the latest education in the interactive Learning Center, the new Research Hub, and during Lunch and Learn presentations.

Hours

-  **Thursday, November 14**
12:30 pm-7 pm (Welcome Reception from 5 pm-7 pm)
-  **Friday, November 15**
9 am-3:45 pm
-  **Saturday, November 16**
9 am-12:45 pm

**AAPM&R Career and Fellowship Corner:
Your One-Stop PM&R Career Shop!**



Visit us in the PM&R Pavilion—booth #1643—to learn more about the Academy’s career development resources and tools. Meet with your peers and industry representatives who will answer your career-related questions and provide advice about navigating all aspects of physiatry.

Stop by and find information about:

- ✓ CV reviews from Academy volunteers and industry experts so you can put your best foot forward
- ✓ Career enhancement resources to position you and your practice for success—at every career level
- ✓ Discussions with PM&R thought-leaders on a variety of career-related topics relevant to physiatrists
- ✓ Available volunteer opportunities to enhance your CV and leadership skills
- ✓ AAPM&R’s Job and Fellowship Board—Your go-to source for PM&R career opportunities at your fingertips 24/7

A full schedule of events will be available closer to the Assembly on www.aapmr.org/careercorner.



Learn from Our Exceptional Exhibitors



Only AAPM&R’s Annual Assembly brings in the exhibitors that you want to see. Top vendors offering innovative products and services to address the needs of physiatrists and their practice teams who want to stay competitive in today’s every-changing health care environment.

Explore more than 175 exhibiting organizations and learn about the cutting-edge products, services, and solutions they offer to assist you and enhance your patient care. See pharmaceutical, device and technology companies, publishers, institutions, and more—all on our exciting show floor!

 Visit www.aapmr.org/pavilion to view the floor plan and a complete list of exhibitors.

“The PM&R Pavilion was one of the most valuable parts of the conference—seeing the new technology and talking to colleagues about what they’re using in practice.”

—2018 Annual Assembly attendee



Thank You!



WiFi Sponsor

PARTICIPATE IN PM&R INDUSTRY ACTIVITIES

Satellite Symposia



AAPM&R allows third-party sponsored CME activities called Satellite Symposia. The third-party may garner support for their activity from 1 or more industry companies. Third-party CME providers are required to follow all ACCME guidelines. Additional *AMA PRA Category 1 Credits™* are available. Advanced registration is not required. All are welcome and breakfast is provided. Visit www.aapmr.org/2019 for the most up-to-date listing.

Your organization can participate and present the latest in research and innovation. For more information on hosting a Satellite Symposia, contact Lisa Koch at lkoch@conventus.com.



Lunch and Learn Presentations



These presentations are 60-minute sessions held in the PM&R Pavilion on Thursday, Friday, and Saturday. Grab a bite to eat while furthering your education. Today’s thought-leaders will be on-hand to present on topics including patient education, specific products, and therapeutic areas. Lunch and Learn presentations are independent and do not offer CME credit. Visit www.aapmr.org/2019 for the most up-to-date listing.

FUN FACT

Musical styles associated with San Antonio include country, blues, jazz, rock n’ roll, Tex-Mex, conjunto, and the west side sound.



Current Openings

Penn State Health Milton S. Hershey Medical Center is committed to the provision of comprehensive physical medicine and rehabilitation programs and services to maximize the health, function and quality of life to those we serve, ultimately returning those persons to their communities. Applications are now being accepted for the following positions:

Cancer Physiatrist – This position involves providing oncologic rehabilitation in outpatient and inpatient settings and general physiatric care. The successful candidate will be tasked with establishing an oncology-based rehabilitative program. MD/DO required; must be BC/BE in PM&R. Cancer Fellowship preferred.

Consult Physiatrist – This position involves directing a diverse and exciting consult service including inpatient and outpatient neurosciences, trauma, hematology/oncology, organ transplant and pediatrics programs. MD/DO required; must be BC/BE in PM&R.

General Physiatrist – This position involves primarily inpatient rehabilitation, with additional outpatient musculoskeletal clinics, procedures, EMGs and/or spasticity management depending on your interests. MD/DO required; must be BC/BE in PM&R.

Outpatient Physiatrist – Includes musculoskeletal clinics, interventional procedures, industrial medicine, EMGs and/or spasticity management. The successful candidate will be a full-time faculty member of the Penn State Health Department of Physical Medicine and Rehabilitation, with privileges at State College and the Penn State Health Hershey Medical Center. MD/DO required; must be BC/BE in PM&R.

Pediatric Physiatrist – Provide inpatient and outpatient pediatric rehabilitation care in our 10-bed specialized pediatric unit. Position includes coverage of our concussion clinic, neuromuscular disease clinic and spina bifida clinics. Candidates should be proficient with EMGs and/or spasticity management. MD/DO required; must be BC/BE in PM&R and Pediatric Medicine.

Biomechanist – This research-focused position comes with a substantial start-up package and includes access to our newly built 4,500 square foot rehabilitation research laboratories, which include exercise, body composition, locomotor training, and gait labs. MD/DO with BC/BE in PM&R or PhD required; proven record of research success.

Successful applicants for these positions will be expected to contribute to the mission areas of patient care, education and research. Penn State Health Rehabilitation Hospital offers flexible schedules, manageable call and a team-oriented approach to patient care. A competitive salary and an excellent benefits package await you!

Located in Hershey, Pennsylvania, we offer a great place to live, work, play and learn. Home of Hershey's chocolate, the Hershey community is rich in history and is a short distance from major cities including Baltimore, New York City, Philadelphia, Pittsburgh and Washington DC. The local neighborhoods boast a reasonable cost of living whether you prefer a more suburban setting or thriving urban setting rich in theater, arts and culture. We are proud of our community

For immediate consideration, please send curriculum vitae to:

Patty Shipton, FASPR, Physician Recruiter

Email: pshipton@pennstatehealth.psu.edu

Tel: 717-531-4703.



PennState Health
Milton S. Hershey Medical Center

The Penn State Health Milton S. Hershey Medical Center is committed to affirmative action, equal opportunity and the diversity of its workforce. EOE-AA-M/F/D/V. All individuals (including current employees) selected for a position will undergo a background check appropriate for the position's responsibilities.

CORPORATE SUPPORT RECOGNITION

AAPM&R gratefully acknowledges the companies listed below for their support in 2019 (as of May 16, 2019). This compliant support allows AAPM&R to carry out its mission of advancing the specialty and helps reduce the financial dependence on members and attendees. A complete list of supporters for 2019 will appear in the *Official Program*, distributed onsite at the Annual Assembly.

PLATINUM LEVEL



SILVER LEVEL



2019 INSTITUTION PARTNERS COUNCIL (IPC) PARTICIPANTS



2019 INDUSTRY RELATIONS COUNCIL (IRC) PARTICIPANTS

TIER 1



TIER 2



TIER 2



TIER 3



TIER 4



Thank You,
AAPM&R Sponsors!

JOIN THE IPC TODAY AT WWW.AAPMR.ORG/IPC.

CORPORATE SUPPORT

General Disclaimer

By virtue of participation, meeting registrants grant to the American Academy of Physical Medicine and Rehabilitation (AAPM&R), its representatives, and employees the right to take photographs of them in connection with the 2019 AAPM&R Annual Assembly. It is agreed that AAPM&R may use such photographs of registrants with or without the registrant's name and for any lawful purpose, including (for example) such purposes as publicity, illustration, advertising, and web content.

Anti-Harassment Policy

If you experience conduct at an Academy event that you believe is inconsistent with the Academy's behavioral expectations, please contact the Academy's Director of Human Resources at (847) 737-6068. If you are concerned for your safety or the safety of another person or are the victim of a crime, contact the local police.

AAPM&R is committed to fostering an environment that is welcoming and free from all forms of discrimination and harassment based on race, color, creed, religion, national origin, sex, sexual orientation, disability, age, marital status, status regarding public assistance, veteran or military status or any other legally-protected status.

To read the entire AAPM&R Anti-Harassment policy, please visit www.aapmr.org.

Resources for Families

Guest and Child Registration Fees

The Annual Assembly is welcoming to attendees and their families. Registration rates for guests and children are available and include the following experiences. Please wear your badge at all times.

- ✓ **Guest Registration \$85** (age 21+): Includes entry to the Job and Fellowship Fair, Welcome Reception, PM&R Pavilion, and Sunday brunch featuring PhyzTalks. Registration does not include complimentary lunch in the PM&R Pavilion.
- ✓ **Child Registration \$20** (age 3-20): Includes entry to the Welcome Reception, PM&R Pavilion, and Sunday brunch featuring PhyzTalks. Registration does not include complimentary lunch in the PM&R Pavilion.
- ✓ **Child Registration FREE** (age 2 and under): Includes entry to the Welcome Reception, PM&R Pavilion, and Sunday brunch featuring PhyzTalks. Registration does not include complimentary lunch in the PM&R Pavilion.

Infant and Child Policy for the Meeting

To provide an optimal learning environment for all attendees, infants and children are not permitted in the educational sessions. Exceptions will be made for nursing mothers. Children must be accompanied by a registered adult and wear their badge for admittance to the PM&R Pavilion.

Mother's Room

The Convention Center has a dedicated space for nursing mothers, and will be equipped with lockable doors, comfortable furniture, and access to power outlets.

Antitrust Compliance Notice

AAPM&R and its members are committed to full compliance with all laws and regulations, and to maintaining the highest ethical standards in the way we do business. This commitment includes strict compliance with federal and state antitrust laws. Visit www.aapmr.org for details regarding the Academy policy and how to follow them.

Meet Your CME and MOC® Requirements

Accreditation

The American Academy of Physical Medicine and Rehabilitation (AAPM&R) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians.

CME Credit Designation

AAPM&R designates Annual Assembly live educational sessions for a maximum of 26 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPM&R designates credit separately for the preconference courses held prior to the Annual Assembly. Physicians may claim 4.25 to 17.75 *AMA PRA Category 1 Credits™* for participation in one of the preconference courses.

Maintenance of Certification®

The American Board of Physical Medicine and Rehabilitation (ABPMR) has approved the Preconference Courses and Skills Labs for Maintenance of Certification® (MOC®) Part II Self-Assessment credit. Upon successful completion of the activity requirements, participants will earn Part II Self-Assessment credits equal to the number of CME credits claimed.

Disclosure

AAPM&R requires all individuals who are in a position to control the content of an educational activity to disclose all relevant financial relationships with any commercial interest, which is any entity producing, marketing, re-selling or distributing health care goods or services consumed by, or used on, patients. Disclosures are made in written form prior to the start of the educational activity and any potential conflicts of interest that exist are resolved prior to the start of the activity through AAPM&R's Conflict of Interest Disclosure and Resolution Policy Process.

Accessibility at the Annual Assembly

AAPM&R has collaborated with a consultant specializing in architectural design from the San Antonio area. This representative joined Academy staff on a site visit to ensure that the 2019 Annual Assembly facilities are accessible to all participants. This thorough assessment was documented in a detailed site survey and made available in the Accessibility Information section of www.aapmr.org/2019.

ADA Statement

AAPM&R conferences are ADA compliant. We strive to take the appropriate steps required to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently. Individuals requiring special assistance must contact AAPM&R for further information and make the appropriate notation on the registration form. All requests for special accommodations under ADA must be made allowing enough time for evaluation and appropriate action by AAPM&R.

Medical Equipment Requests

Attendees and guests who require special medical equipment during the Annual Assembly are encouraged to order the equipment in advance. Scootaround is the preferred vendor of AAPM&R for Academy events and recommends making arrangements for equipment 1-2 weeks prior to your arrival in San Antonio. Scooter and wheelchair rentals are available by contacting their toll-free hotline at (888) 441-7575, or www.scootaround.com.

Accessible Transportation

The Americans with Disabilities Act requires all ground transportation companies to provide wheelchair-accessible vehicles. Below is a sample of recommended transportation companies. Reservations are strongly recommended.

- ☑ Yellow Cab (210) 650-8600
- ☑ San Antonio Wheelchair Taxi (210) 260-6740
- ☑ Please visit www.visitsanantonio.com for complete transportation information.



GENERAL INFORMATION

Get Ready for Some Physiatry Day Fun!

Join us on Friday, November 15, for the annual Physiatry Day celebration—in your practice and in-person at #AAPMR2019 in San Antonio, Texas. Save the date and plan to share your love of the specialty!

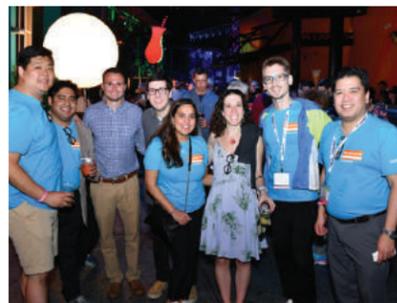


Stay tuned for more information at www.pmrismorethan.org.



No matter your subspecialty or area of interest, November 15 is about physiatry. As care team leaders, physiatrists are at the forefront of patient care, treating and restoring quality of life to individuals with disabling conditions. For one day, help us make a concerted effort to celebrate our team-focused approach to medicine and the value it brings. After all, it's what makes physiatry unique and impactful.

Brought to you by



REGISTRATION

Three Ways to Register

-  **Online.** www.aapmr.org/2019
-  **Mail.** Download a copy of the registration form online and mail your completed form with payment by November 8 to the P.O. Box listed on the registration form.
-  **Fax.** Registrations with credit card payments can be faxed until November 8 at 4 pm (CT) to (847) 563-4191. After this date/time, all registrations must be completed online or in-person at the Assembly.

For complete registration information, visit www.aapmr.org/2019. Co-workers, or those associated within the physiatry industry do not qualify for a non-attendee guest badge. These individuals must register in the appropriate professional or exhibitor category.

Your registration fee *does not* include Preconference Courses, ticketed 3-hour Skills Labs or the President's Reception at Cowboys Dancehall.

Cancellation and Change Policy

All cancellations for the Annual Assembly and preconference courses must be *submitted in writing* via email to registration@aapmr.org or via mail postmarked by September 18, 2019 to the address below. Cancellations submitted *before* September 18 will receive a refund of all fees paid, minus a \$150 processing fee, and processed 7-14 days after notification is received. Cancellations submitted *after* September 18, or over the phone, will not be accepted.

-  American Academy of Physical Medicine and Rehabilitation
Attention: Customer Service, AA2019
9700 W. Bryn Mawr Avenue, Suite 200
Rosemont, IL 60018

-  If you have questions, or need to make changes to your registration, contact Member Services at (847) 737-6000.

FULL REGISTRATION	EARLY-BIRD	ADVANCED	ONSITE
	May 15– July 10	July 11– September 18	September 19– Onsite
MEMBER			
Physiatrist	\$695	\$795	\$895
Early-Career (in fellowship or you graduated from residency or fellowship in 2018 or 2019)	\$495	\$595	\$695
Advanced Practice Provider (NP, PA)	\$550	\$550	\$650
Resident	\$395	\$395	\$525
Medical Student (Full Registration)	\$125	\$195	\$250
Medical Student (Medical Student Program Only—Saturday, November 16)	FREE	FREE	FREE
Single Day (Thursday, Friday or Saturday)	\$450	\$495	\$595
Senior Member	FREE	FREE	FREE
NON MEMBER			
Physiatrist	\$995	\$1,095	\$1,195
Resident	\$495	\$495	\$625
Medical Student	\$150	\$250	\$295
Non-Physician Practice/Hospital Administrator	\$695	\$795	\$895
Advanced Practice Provider (NP, PA)	\$750	\$750	\$850
Industry Representative	\$995	\$1,095	\$1,195
Single Day (Thursday, Friday or Saturday)	\$625	\$670	\$795
GUEST AND CHILD (TURN TO PG. 40 FOR ACTIVITIES THAT ARE INCLUDED IN YOUR REGISTRATION)			
Guest Registration (age 21+)	\$85	\$85	\$85
Child Registration (ages 3-20)	\$20	\$20	\$20
Child Registration (under age 3)	FREE	FREE	FREE

AAPM&R Members Save Up to \$500 on Annual Assembly Registration!

-  Become an Academy member and experience the many savings and benefits of the AAPM&R community. Visit www.aapmr.org/membership.

PRECONFERENCE COURSES

See page 8 for more information.

REGISTRANT	ADVANCED May 15 – September 18	REGULAR September 19 – Onsite
Step One: Ultrasound Clinical Applications of the Extremities		
Member Pricing	\$1,250	\$1,350
Nonmember Pricing	\$1,395	\$1,495
Expert Medical Legal Work in Physiatric Practice		
Member Pricing	\$650	\$750
Nonmember Pricing	\$795	\$895
Interventional Spasticity Intensive: Case-Based Skills Training and Assessment		
Member Pricing	\$395	\$495
Nonmember Pricing	\$550	\$650

EXTRAS

Skills Labs

Skills Labs are 3 hours each. See page 27 for more information.

REGISTRANT	FEE
Member	\$175
Nonmember	\$250

Resident Boot Camps

Resident Boot Camps are 3 hours each. See page 26 for more information.

REGISTRANT	FEE
Member	\$35
Nonmember	\$35

Boot Scootin' BBQ— President's Reception at Cowboys Dancehall

Includes dinner, drinks, and transportation! See page 6 for more information.

Cowboys Dancehall	FEE
Attendee	\$50
Non-Attendee Guest	\$50
Child (ages 3-20; children under age 3 are free)	\$50

Foundation for PM&R 5K Run/Walk & Roll, Friday, November 15

REGISTRANT	ADVANCED: SEPTEMBER 18	ONSITE
Member/Nonmember	\$25	\$35
Resident	\$15	\$25

FUN FACT

In 2017, the San Antonio River received honors from the International River Foundation, which is considered the "Nobel Prize for Rivers."



REGISTRATION ADD-ON

2019 Annual Assembly Rewind



Whether you can't attend a specific session or want to review your favorite sessions post-Assembly, the 2019 Annual Assembly Rewind allows you to experience the meeting anytime, anywhere. When you register, you can choose to add the entire package of recorded sessions for only \$99—75% off the regular price!

SEE YOU IN SAN ANTONIO!



LEARN, COLLABORATE, AND GROW YEAR AFTER YEAR

Only at the AAPM&R Annual Assembly can you join 3,000+ of your physiatry peers to reconnect, refresh, and rediscover.

Take 4 days out of the year to come together, expand your skill set, and recharge with exciting opportunities that await you.

Mark your calendar for our upcoming Annual Assemblies:

- 📅 **2019:** November 14-17 in San Antonio, TX
- 📅 **2020:** November 12-15 in San Diego, CA
- 📅 **2021:** November 11-14 in Nashville, TN
- 📅 **2022:** October 20-23 in Baltimore, MD
- 📅 **2023:** November 16-19 in New Orleans, LA

Discover clinical and practice innovations, mentorship, support, and so much more at the #1 physiatry meeting.

Visit www.aapmr.org/assembly to stay connected to the latest updates.

aapm&r

American Academy of
Physical Medicine and Rehabilitation



Connect on Social Media Using #AAPMR2019



PRELIMINARY PROGRAM

Register by July 10 and save \$200 using your member discount and the early-bird rate. Visit www.aapmr.org/2019 to start designing your Assembly experience.



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NOVEMBER 14-17, 2019 • SAN ANTONIO, TX

